



Non-Fiction

Your Life, Your Way: Skills to Help Teens Manage Emotions and Build Resilience

by Joseph Ciarrochi

YA 158.1 C

An illustrated guide showing teens how to face common daily challenges, including bullying; feeling lonely, depressed, or anxious; failing school; and achieving their goals.

Teen Challenges: Bullying

by Carol Hand

YA 302.34 H

Explores bullying and how it affects people both mentally and physically.

Social Media Shaming and Bullying

by Robert M. Henderson

YA 302.343 H

Presents a realistic picture of what is happening on social media, who's most affected, and what is being done to address these issues.

The Survival Guide to Bullying: Written by a Teen

by Aija Mayrock

YA 302.343 M

Shares poems and personal stories on surviving bullying, with a guide to talking to parents, quizzes, and tips on dealing with the fear.

Ignite Your Spark: Discovering Who You Are From the Inside Out

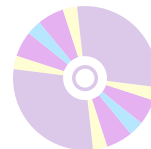
by Patricia Wooster

YA 155.519 W

A guide for teens on topics ranging from relationships and self-image to willpower and learning from failure.



DVDs



Akeelah and the Bee

DVD Feature Akeelah

Eleven year-old Akeelah Anderson participates in a spelling bee to avoid detention for her many absences. Much to her surprise and embarrassment, she wins. Akeelah becomes someone her community rallies behind.

How to Eat Fried Worms

S DVD J FIC How

Based on the book of the same name by Thomas Rockwell

J FIC Rockwell and JPB

On his first day at a new school, eleven-year-old Billy goes up against the school bully in a challenge that ends up with a total gross out dare...to eat ten worms in one day. As the pressure mounts, Billy must summon all his strength to meet the dare.

Wonder

DVD J FIC Wonder

Based on the book of the same name by R.J. Palacio.

YA FIC Palacio

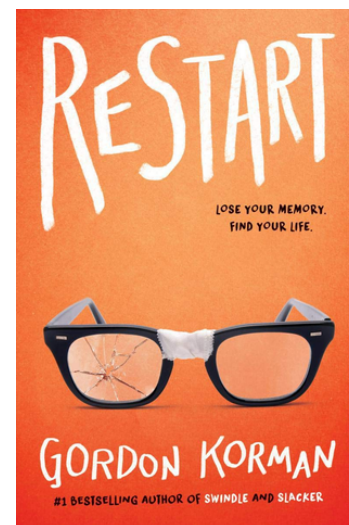
Auggie, a boy with a facial deformity, enters a public school after being homeschooled for his whole life. He struggles to fit in and be accepted by his classmates.

**Want some more suggestions
or need help finding
something?**

**Call us at 516-731-5728,
ext. 241**

Email: teens@levittownpl.org

Suggested Books & Movies To Enjoy If You Liked...



The 2025 Summer Reading Extravaganza Book for Grades 6-8



Levittown Public Library
1 Bluegrass Lane Levittown, NY 11756
(516) 731-5728 - TDD/TTY (516) 579-8585
info@levittownpl.org www.levittownpl.org





Fiction

Posted by John David Anderson

J FIC Anderson

When cell phones are banned at their school, students start communicating through sticky notes left all over the school, triggering a wave of bullying activities.

Because of Mr. Terupt by Rob Buyea

J FIC Buyea

Seven fifth-graders at Snow Hill School in Connecticut relate how their lives are changed for the better by "rookie teacher" Mr. Terupt.

Crushed by Melanie Conklin

J FIC Conklin

Twelve-year-old Sophie attempts to get her best friend back by infiltrating a group of bullies and agreeing to a series of dangerous social media dares.

Starfish by Lisa Fipps

J FIC Fipps

Bullied her whole life, twelve-year-old Ellie finally gains the confidence to stand up for herself, with the help of some wonderful new allies.

All the Things that Could Go Wrong by Stewart Foster

J FIC Foster

Dan and his friends, Sophie and the Georges, are bullies who target obsessive-compulsive Alex, but when Dan is in trouble, Alex is the one who conquers his fears to show up.

Fish in a Tree by Lynda Mullaly Hunt

J FIC Hunt

Ally starts a new school and hides her inability to read by creating clever, yet disruptive, distractions. Her newest teacher, Mr. Daniels, helps Ally learn that dyslexia is nothing to be ashamed of. As her confidence grows, Ally feels free to be herself and the world starts opening up with possibilities.

OCDaniel by Wesley King

YA FIC King

A thirteen-year-old boy's life revolves around hiding his obsessive-compulsive disorder until a girl at school, who is unkindly nicknamed Psycho Sara, notices him for the first time and he gets a mysterious note.

Maeve Mulvaney Has Had Enough by Kelly Mangan

YA FIC Mangan

Fourteen-year-old aspiring comic artist Maeve Mulvaney starts a superhero-themed activism club at her middle school after experiencing bullying.

Okay for Now by Gary Schmidt

YA FIC Schmidt

Doug Swietek is new to town and has all the stats stacked against him, until he finds an ally in Lil Spicer. Together, they find a safe haven in the local library, inspiration in learning about the plates of John James Audubon's birds, and a hilarious adventure on a Broadway stage.

Stuck in the Middle: Seventeen Comics from an Unpleasant Age

[Graphic] YA Stuck

The hardships, dramas, and joys of seventh and eighth grade are presented in a collection of tales, illustrated by an array of graphic novelists.

Save Me a Seat

by Sarah Weeks and Gita Varadarajan

J FIC Weeks

Ravi has just moved to the US from India and has always been at the top of his class; Joe has lived in the same town his whole life and has learning problems. Their lives intersect when a bully finds the need to take control of their lives.

Turtle Boy by M. Evan Wolkenstein

J FIC Wolkenstein

Seventh-grader Will's Bar Mitzvah community service project, visiting an incurably ill older boy in the hospital, leads to a friendship that is life-changing for both them and those around them.

Other Books By Gordon Korman

These are just a few! Ask a librarian how to look for more books by Gordon Korman.



Schooled by Gordon Korman

YA FIC Korman

Homeschooled by his hippie grandmother, Capricorn (Cap) Anderson has never watched television or even heard of a wedge. But when his grandmother lands in the hospital, Cap is forced to attend the local middle school.

Supergifted by Gordon Korman

J FIC Korman

Donovan Curtis has never been what anyone would call "gifted." But his genius friend Noah Youkilis is actually supergifted, with one of the highest IQs around. After years at the Academy for Scholastic Distinction, all Noah dreams of is the opportunity to fail if he wants to. And he's landed in the perfect place to do it--Donovan's school.

Unplugged by Gordon Korman

J FIC Korman

Relates, in multiple voices, the adventures of a group of youngsters at an electronics-free wellness camp where wealthy, spoiled Jett, leads other campers in trying to stop a criminal.

The Unteachables by Gordon Korman

J FIC Korman

Told in alternating voices, the teacher and students in room 117 find their lives changed over the course of a school year.

War Stories by Gordon Korman

J FIC Korman

Twelve-year-old Trevor Firestone loves playing war-based video games and idolizes his great-grandfather, Jacob, who came home from World War II a celebrated hero; now ninety-three, Jacob wants to return to the small French village that his unit liberated. Trevor learns real war is not a video game, and valor and heroism can be very murky.